

**Benicia Community Action Council**

480 Military West, Benicia CA

<http://bencac.com/>

(707) 745-0900

- Food pantry offered on Tuesdays and Thursdays from 10am - 1pm. Please call to set up appointment.
- Hot meal delivery program for Benicia seniors. Call to set up delivery service.

**Benicia First Baptist Church - Red Awning Café**

1055 Southampton Road, Benicia CA

<https://www.benicia.church/>

(707) 745-3877

- Breakfast is served to Benicia Middle School students. Parents can drop off as early as 7 am.
- No pre-registration is required.

**Benicia Unified School District**

350 East K Street, Benicia CA - *District Office*

<https://beniciaunified.org/departments/food-nutrition-services/>

(707) 748-2758

- All students enrolled in any of the BUSD schools can receive one breakfast and one lunch free of charge each day they are at school by entering their student ID number. Families do not have to qualify or pre-register.
- Parents are encouraged to apply for the free and reduced meal programs to receive other benefits such as utility discounts, AP testing waivers, etc. but it is not mandatory. Students will still be able to receive free meals regardless of eligibility status.

**Food is Free Bay Area - Park it Market**

150 E L Street, Benicia CA - Benicia Public Library

<https://fifbayarea.org/>

(707) 690-0945

- Free local produce pick up every third Saturday from 10am - 12pm
- No pre-registration and all are welcome.

**Food is Free Bay Area - Park it Market**

900 Fairgrounds Drive, Vallejo CA

<https://fifbayarea.org/>

(707) 690-0945

- Free local produce pick up Tuesday and Thursday from 4 - 6pm (no lining up before 2pm)
- No pre-registration required and all ages welcome

### **Food is Free Bay Area - Heritage Presbyterian Church**

1400 E 2<sup>nd</sup> Street, Benicia CA

<https://www.hpcbenicia.org/>

(707) 745-6650

- Pick up non-perishables, frozen meats, and fresh produce Tuesday mornings, 9-10:30 am.

### **Innovative Health Solutions**

1201 East 2<sup>nd</sup> Street - *Benicia Senior Center*

<https://www.innovativehealths.com/>

(707) 684-4376

- Congregate meal program for seniors Monday - Friday at 11:30am.
- Please call to reserve your lunch.

### **Meals on Wheels**

95 Marina Center, Suisun CA

<https://www.mealsonwheelssolano.org>

(707) 425-0638

- Meals delivered Mondays, Wednesdays, and Fridays between 10am - 1pm.
- This program is for seniors 60 and up.
- Please call to set up delivery. There is a suggested donation of \$4 but no senior will get denied.

### **North Gate Church**

2201 Lake Herman Road, Benicia CA

<https://thisis.church/care/#foodpantry>

(707) 745-5855 x 3

- Food pantry or food delivery available to all ages.
- Please call to make an appointment.

### **St. Paul's Episcopal Church**

120 East J Street, Benicia CA

<https://stpaulsbenicia.org/>

(707) 745-0307

- Hot and ready to eat meals on Mondays and Wednesdays from 4:30pm - 6pm.
- Groceries, canned food, bread, snacks, and fresh produce are also available for pick up when they get their meals.
- No pre-registration is required, and everyone is welcome.

**St. Vincent de Paul**

120 East J Street, Benicia CA - *St. Dominic's Church*

<https://www.stdombenicia.org/st-vincent-de-paul/>

(707) 746-1773

- People needing groceries can call us twice monthly and we will deliver directly to where they are as long as they live in Benicia. Delivery is offered every afternoon Monday - Friday.
- The food delivered amounts to roughly \$100 or more depending on size of family.
- Groceries include non-perishables, milk, eggs, cheese, chicken, ground beef, and more.
- The goal of the food delivery is to help residents free up cash so they can use the money saved on groceries for their rent, PG&E or water bills.

## Dates & Locations of Local Free Food Programs

**Youth:** All students enrolled in Benicia Unified School District are able to get one free breakfast and lunch every day they attend school.

ALL AGES WELCOME & NO REGISTRATION REQUIRED						
SUN	MON	TUE	WED	THU	FRI	SAT
	Hot Meal & Grocery Pick Up St. Paul's: 4:30-6pm	Food Pick Up Heritage Presbyterian Church 9-10:30 am  Food Pick Up Fairgrounds: 4-6pm	Hot Meal & Grocery Pick Up St. Paul's: 4:30-6pm	Food Pick Up Fairgrounds: 4-6pm		Food Pick Up Library: 10-12pm <i>Every 3rd Saturday</i>

SENIORS 55+ ONLY & MUST REGISTER PRIOR						
SUN	MON	TUE	WED	THU	FRI	SAT
	Home Meal Delivery 10am—1pm  Congregate Meal Senior Center: 11:30am	Congregate Meal Senior Center: 11:30am	Home Meal Delivery 10am—1pm  Congregate Meal Senior Center: 11:30am	Congregate Meal Senior Center: 11:30am	Home Meal Delivery 10am—1pm  Congregate Meal Senior Center: 11:30am	